Jung Personality Test Report

I took the Jung Typology Test and the results as follow: ENFJ, Extravert (1%), iNtuitive (28%), Feeling (9%), Judging (9%). Because of only 1% preference of Extravert over Introversion, I was suggested to refer to INFJ, (Jung Typology Test™). If I want to be a good project manager I should improve my logic thinking ability (Wideman, R. Max). Even though it may not be a wholly accurate measurement with my personality, I can find some valuable information from this test to improve myself.

Firstly I want to answer the question about how I interact with groups. According to the test result, I think the reason for only 1% preference of Extravert is because when I faced a new environment with unfamiliar people I would be uneasy and fear of doing something wrong. As time went on, once I could take control of the situations I showed up my extroverted side. For example, when I participated in a new project, I liked to receive the information and know how to handle my job firstly. Then as I completed some tasks and was familiar with my team and project, I would like to communicate with colleagues and leaders about my new ideas. With this result and analysis, I need to focus on addressing process rather than the feeling when I made mistakes at the beginning of a project.

In most cases, I didn’t care about communication skills before. I thought if I am friendly and polite, I will perform a good conversation with anyone else. However, now I know there are many skills to improve communication effect. First of all, I need to learn what I am good at and what I am not. I like to help others in a group. It can make me feel good in a team due to realizing self-worth.

On the other hand, the more important is I have to void lengthy conversation with ST people. My point of view about it is ENFJ and ST group people have different ways to perceive things. So we cannot resonate with each other. The longtime conversation would be bored. However, sometimes in a team, I have to talk with colleagues who are in the ST group. The effective way is to change my talking style. I can concentrate on the real matters and state my ideas logically to make ST group people feel comfortable with me.

Secondly, how can I as a project manager learn from this? If I want to be a good project manager, I need to switch from ENFJ to ENTJ. It means I should decide through logic rather than feeling. Before, I used to consider others’ emotion when I worked in a team. I hoped to get support from team members. So it would make me decide by feeling. In this way, I might not get a better choice with less rational thinking. I found the reason was I tried to make every stakeholder agreement and satisfaction. Sometimes it would lead to a contra effect. From the test report, I learned that I need to catch the primary goal and solve problems with logical thinking to bring more significant benefit to team and client. When I find the root cause to make decisions, I am most likely to get higher satisfaction.

As a project manager, I need to know the personality of my team members so that I can allocate tasks to appropriate workers. For example, some member with INTJ may like to do tasks individually rather than communicate with clients. Coding and analysis may be more suitable for them. Furthermore, it is necessary for me to master different communication skills. It enables me to make a productive conversation with diverse kinds of people.

In conclusion, I understood the importance of personality for project management and project work. A project team will have different types of people. A project manager should use a reasonable way to handle the issues with team members. This overview is a guideline for me so that when I have some problems, I will find reasons from my personality and skills to address interaction with others.

Reference:

Jung Typology Test™, <http://www.humanmetrics.com>

Wideman, R. Max. “Project Teamwork, Personality Profiles and the Population at Large: Do we have enough of the right kind of people?” (http://www.maxwideman.com/papers/profiles/profiles.pdf ).